



1 Re-procurement of the Improving Access to Psychological Therapies Service (IAPT) for adults and the all age Community Wellbeing Service

- 1.1 The contents of this paper can be shared with the general public.
- 1.2 This paper is for the Health & Wellbeing Board meeting on the 19 April 2016.
- 1.3 Author of the Paper and contact details
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2 Summary

- 2.1 This paper updates the Health and Wellbeing Board on the procurement that is underway to put in place new services for
 - Improving Access to Psychological Therapies Service (IAPT) for adults
 - All age Community Wellbeing Service

3 Decisions, recommendations and any options

- 3.1 This paper is for information and the Board is invited to note the contents.

4 Background

- 4.1 The Brighton and Hove Wellbeing Service has been in place since June 2012. It is provided by the Brighton and Hove Wellbeing partnership which comprises of the Brighton Integrated Care Service (BICS), Sussex Partnership NHS Foundation Trust (SPFT), MIND, Turning Point and a number of GP Practices.

4.2 The current service comprises 2 different services. We currently contract commission the IAPT service for 16% of the target population (those with common mental health needs) which equates to 6600 people. We commission the Practitioner service to see 3000 people per year. The combined value of the services is £4million per annum. The services are:

- IAPT- psychological therapeutic support for adults over 18years of age with common mental health problems such as anxiety and depression. Interventions available include CBT (cognitive behavioural therapy), mindfulness, counselling and group based support such as stress management courses.
- Practitioner service – short-term interventions for adults over 18 years of age who neither meet the criteria for IAPT or secondary mental health services. Interventions include emotional intensity support for people with borderline personality disorder, therapeutic interventions including CBT, assessment and formulation and the management of risk.

4.3 IAPT have nationally mandated standards around coverage rate (numbers of people completing treatment), recovery (numbers of people who recover using a prescribed definition), and access and waiting time standards. The current service is meeting the access and waiting standards but has always been challenged around meeting the recovery rate.

4.4 The contracts have been extended twice and we are not able to extend the contracts further due to legal constraints and therefore there is need to re-procure the service so that a new service is in place by April 2017. The current contracts are for services for adults only and we view the re-procurement as a positive opportunity to commission improved services for children and young people.

4.5 The CCG acknowledges that there is a risk in re-tendering this service in terms of ensuring that service provision isn't compromised in the transition from the current provider to a potential new provider. The current service has been delivered in the City since 2012 and is well established and any change in the current arrangement will need careful management and mitigation of the associated risks. Within the contract documentation there is specific information about transition and mobilisation which details how current patients are managed and ensures no gap in service.



- 4.6 Currently, children and young people can access a range of services across the city. These include:
- Tier 3 CAMHS provide specialist community mental health services to children and young people who have significant and/or complex mental health needs. Tier 3 CAMHS is commissioned by the CCG and is provided by Sussex Partnership NHS Foundation Trust
 - A tier 2 Community CAMHS service that offers to support to those children and young people with mild to moderate mental health needs that do not need the support of specialist services. The team works with tier 3 CAMHS but mainly focuses on support to schools, and is currently piloting a Primary Mental Health Worker in 11 schools across the City. Tier 2 CAMHS is commissioned by the Council, Public Health and the CCG, and provided by the Council.
 - Various face-to-face counselling services in youth settings
 - An online counselling service, E-Motion.
- 4.7 The need to put in place new contracts and carry out procurement is an opportunity
- to review the current service model
 - identify and address gaps in the current arrangements
 - test the market
 - develop an all age service where appropriate, and ensure equity of access for children and young people as well as older adults with mild dementia

5 Consultation

- 5.1 Since December we have been carrying out consultation with prospective providers, the public and with GPs via surveys, focus groups and a market engagement event. The output of this consultation is informing the content of the service specifications. We have consulted with a range of organisations – please see appendix one. We have gathered a lot of information from the consultations with some general themes emerging:
- Support to broaden the age range to include children and young people



- Improved access to service including appointments at evenings and weekends
- Engagement to ensure protected groups can access mainstream services
- Strengthening links with community and voluntary sector groups
- Using the service as a means to offer good quality information

A Survey Monkey survey was distributed to all of the CCG's engagement networks including Healthwatch; Community Works; PPGs and the specific groups listed in appendix one to provide an opportunity for a wide variety of stakeholders to give their feedback.

- 5.2 Public Health colleagues have also been engaged with the re-procurement work and are undertaking a short JSNA to ensure we commission for the needs of the population. Within this work, Public Health has also undertaken some engagement work.
- 5.3 The consultation feedback will continue to drive the formulation of the service specifications and ensure the services commissioned meet the needs of the residents of Brighton & Hove.

6 What services will we be procuring?

6.1 We will be conducting a single procurement exercise for 2 services:

- An improving access to psychological therapies (IAPT) service for adults above 18 years of age, including those with mild dementia
- An all age community wellbeing service for children, young people and adults

6.2 IAPT

This service is a range of therapeutic interventions that support people with common mental health problems such as anxiety and depression. Interventions available include CBT, mindfulness, counselling and group based support such as stress management courses. The service is nationally mandated and tightly prescribed and is subject to a range of national performance measures and rigorous reporting requirements.

6.3 All age community wellbeing service

This service is not nationally mandated but has become a significant part of the offer to adults experiencing mental health problems in Brighton. It provides short-term interventions for adults who neither meet the criteria for IAPT or secondary mental



health services. Interventions provided included emotional intensity support for people with borderline personality disorder, therapeutic interventions including CBT, assessment and formulation and the management of risk. The current contract supports adults only. We will be broadening out the service to support children and young people and will be including the provision of counselling and online counselling. Currently the service is provided in GP practices and we will be looking to broaden out the range of venues in the new contract to other community locations and venues that are suitable for younger people.

7 Process and timetable

- 7.1 An open and competitive tender process is being conducted – this will commence at the end of March with the publication of the pre-qualification questionnaire (PQQ). The aim is to award contracts in November with a new service starting on 1st April 2017.

8 Important considerations and implications

Legal

- 8.1 This procurement meets all the national guidance and legislative standards for NHS procurements. Procurement advice is being provided by the South of England Commissioning Support Unit Support and contracts advice is provided by NHS South, Central and West Commissioning Support Unit .
- 8.2 The tendering process will be conducted in a manner which is compliant with all legal requirements

Lawyer consulted: N/A

Date: N/A

Finance

- 8.3 This is a re- procurement of an existing service and as such the costs of the contract will be met from within existing CCG resources.

Finance Officer consulted: N/A

Date: N/A

Equalities

- 8.4 An equalities impact assessment is being developed to support the procurement and there will be questions relating to equalities in both the Pre- qualification questionnaire and the Invitation to Tender (ITT). The re-procurement gives the CCG an opportunity to



commission a service which encourages and support access from the communities and neighbourhoods who have the greatest need.

Sustainability

8.5 There is no sustainability implications associated with this paper

Health, social care, children's services and public health:

8.6 See main body of the paper

9 Supporting documents and information

9.1 Appendix One – Summary of Health Engagement Organisations