

Housing Advice

Anti freeze : Life saving support for the homeless. Outreach teams are on the streets in the evenings seeking to meet the basic needs of those who are homeless and sleeping rough. Drop in centre 4 days a week providing specific care, including help with housing, benefits and addiction issues.

BHT's Brighton Advice Centre : works throughout Brighton & Hove and provides Specialist Housing Advice, Court Duty Scheme, Webcam Advice Service and Immigration Legal Service for those entitled to legal aid.

Btn UNEMPLOYED CENTRE:we provide practical support, education and services for the unemployed, pensioners, unwaged & those in poor housing or on low income.

BRIGHTON WOMEN'S CENTRE: Supporting women with multiple and complex needs in the Criminal Justice Service and working with women who are Homeless and insecurely housed.

First Base Day Centre : offers a range of services to support people who are sleeping rough or insecurely housed in the city, to get off the streets, start realising their aspirations through work, learning and leisure and find a place they can call home.

HOME GROUP: Brighton and Hove Young Peoples Outreach service is a floating support service that helps 16-25 year olds who have become homeless and have been given independent accommodation through the council or through children services. Referral required.

JUSTLIFE: Supporting people in emergency and temporary accommodation.

HEALTH

Arch Health CIC :is social enterprise, set up by clinicians and professionals of Brighton & Hove to address the health needs of vulnerable and homeless people in the city. It runs the Morley Street Surgery and the homeless health engagement service for Brighton & Hove.

There is no need to be a registered patient with **Brighton Station Health Centre** to use our walk-in service, it is available to everyone in Brighton and Hove. Our walk-in service offers treatment, information and advice for a range of minor illnesses and injuries. It's open every day 8am-8pm, including bank holidays.

ST JOHNS AMBULANCE FIRST BASE: Every Monday 9am – 11.30am for First aid, basic primary health care, hot drinks and a friendly ear.

SWAT Homeless Project :operates once a week in Brighton to support homeless people in various ways including provision of hot food, clean clothing, advice and support. See website for further details.

MENTAL HEALTH

COMMUNITY LINKS: Provides short-term, flexible support for people with mental health challenges in Brighton and Hove, supporting you to find out about, and access, activities in your local community that you're interested in.

MHHT: Located in the East Brighton Community Mental Health Centre. A Specialist service for people with mental health problems who are homeless or insecurely housed. Offers specialist advice and treatment and support on a range of issues and links people into services they would otherwise have difficulty accessing. Referral required.

Available 24/7, Brighton & Hove CCG's Mental Health Rapid Response Service offers support from a mental health professional anytime, day or night, as well as face-to-face appointments. REAPID RESPONSE TEAM

SUBSTANCE MISUSE

EQUINOX:The Drug and Alcohol Outreach Team operates as part of the Pavilions integrated Adult Drug & Alcohol Service for Brighton & Hove. The service provides assertive outreach and engagement, working with the street community to address substance use related issues.

Brighton Oasis Project (BOP) is a substance misuse service for women and families in the heart of Brighton. We exist to support and empower women who have difficulties with drink or drugs to make positive changes in their lives as part of the Pavilions service.

Pavilions for information and advice You can also use that number to book an appointment, or organise a referral. If you would prefer to come in and talk to us in person, then you can pop into our drop-in sessions at Richmond House

