

# Children and Young People's Plan

## Young people's summary



Translation? Tick this box and take to any council office.

Perkthim? Zgjidhni kete kuti dhe cojeni ne cilendo zyre keshilli. Albanian

ترجمة؟ ضع علامة في المربع وخذها إلى مكتب البلدية. Arabic

অনুবাদ? বক্সে টিক চিহ্ন দিয়ে কাউন্সিল অফিসে নিয়ে যান। Bengali

需要翻译? 请勾选此框并送至任何理事会的办公室。 Chinese

ترجمه؟ چهارگوشه را نشانه گذاری کرده و به یکی از انجمن های مشاوره رجوع کنید. Farsi

Traduction? Veuillez cocher la case et apporter au Council. French

Tradução? Coloque um visto na quadrícula e leve a uma qualquer repartição de poder local (Council Office). Portuguese

Tercümesi için kareyi işaretleyiniz ve bir semt belediye bürosuna veriniz. Turkish

other (please state)

This can also be made available in large print, Braille or on audio tape

designed by creative services 291049 1302/AND

**NHS**

Brighton and Hove  
Children and Young People's  
**TRUST**

  
Brighton & Hove  
City Council

# Introduction

The Brighton and Hove Children and Young People's Trust (CYPT) has built strong links with children, young people and their families as well as workers and the people in charge of planning services.

This plan describes how the Children and Young People's Trust will affect the lives of ALL children and young people in our city. The aim is to make Brighton & Hove the best place in the country for children and young people to grow up in and to achieve the most that they can out of life.

The CYPT brings together ALL of the different people who work with and for children, young people and their families.



# Every Child Matters

In 2003 the Government published a booklet called 'Every Child Matters' which describes five ways to help children, and young people grow into mature adults. They are:

**To be healthy** - to have a healthy body and mind

**To stay safe** - to be protected from harm and to be able to grow up to look after yourself

**To enjoy and achieve** - to get the most out of life and to learn new things

**To make a positive contribution** - to help in the area that you live in and to not get involved with bad behaviour

**To achieve economic well being** - to be able to achieve the best that you can and have enough money to support yourself

To find out more log on to [www.unicef.co.uk](http://www.unicef.co.uk)



# Be healthy

Here are the things that the CYPT wants to do for children and young people in Brighton & Hove to help them to be healthy

- Protect all young people by encouraging good bodily health
- Make sure that young people with mental health issues can get good help quickly.
- Give young people good sexual health information
- Make sure that all young people and their parents get information and support on alcohol and drug issues.

In the next three years the CYPT hopes to reduce the number of women smoking during pregnancy, encourage and support the work of the Children and Adolescent Mental Health Service, increase the number of young people who are checked for illnesses that can be passed on through having sex and to make sure that all young people who have been in trouble are checked out for using drugs.



# Stay safe

Here are the things that the CYPT wants to do for children and young people in Brighton & Hove to help them stay safe

- Protect children and young people from danger
- Provide safe areas where children and young people can live
- Protect children and young people from bullying, both in and out of school
- Help children and young people who need more support than others
- Help parents and carers to provide a safe place for their children to live

In the next three years the CYPT hopes to make more Safer Routes to School schemes and encourage more young people to complete the Safe at School Survey. It wants to make sure that when a Family Group Conference is called to help young people and their families sort out problems, the child or young person's views are listened to.



# Enjoy and achieve

Here are the things that the CYPT wants to do for children and young people in Brighton & Hove to help them to enjoy and achieve

- Improve the early years services for all children between the ages of 0-5
- Help children and young people go to school and help them enjoy their education
- Make sure all children and young people can get an education
- Help make the move from primary to secondary school better for all young people
- Improve learning activities that happen outside of school.

In the next three years the CYPT hopes to help more children attend activities in museums, reduce the amount of young people not attending school, increase the amount of students who get 5 A\*-C grades at GCSE and make sure that a quarter of all young people in Brighton & Hove have contact with the Youth Service.



# Achieve economic wellbeing

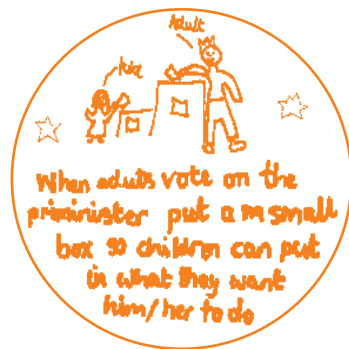
Here are the things that the CYPT wants to do for children and young people in Brighton & Hove to help them to achieve economic wellbeing

- Help young people get in to further education, training or employment.
- Support young people in finding a job
- Give more housing options to young people
- Provide better transport routes to help young people travel to their place of education
- Help improve local areas for the young people living there

In the next three years the CYPT hopes to make sure that most young people are in education, employment or training, look at what childcare is needed across the city and to increase the amount of young mothers in education, employment or training.



# Making a positive contribution



Here are the things that the CYPT hopes to do for children and young people in Brighton & Hove to help them to make a positive contribution

- Offer more chances for children and young people to have a say in the decisions that affect them.
- Help children and young people come up with ways to stop bullying.
- Involve all families in making positive choices
- Support good behaviour and reduce bad behaviour
- Give children and young people more chances to have their say in decisions that affect the area that they live in

In the next three years the CYPT hopes to make sure that all schools continue to have a school council, support a full, elected Youth Council, reduce the amount of young people who have been bullied, make sure that a city-wide Parents Forum is set up and supported and to increase the amount of young people volunteering.

# Summary

The CYPT aims to do a lot over the next few years for ALL children, young people and their families to make Brighton & Hove the best place in the country for them to live.

If you would like to know more about the full Children and Young People's Plan, or would like to know how things are going, contact the Brighton and Hove Youth Council on (01273) 295464 or e-mail [youth.council@brighton-hove.gov.uk](mailto:youth.council@brighton-hove.gov.uk)



# Useful websites

Housing

[www.ymca.org.uk](http://www.ymca.org.uk)

Lesbian, Gay, Bisexual, Transgender,  
Unsure youth project

[www.allsortsyouth.org.uk](http://www.allsortsyouth.org.uk)

Bullying

[www.bullying.co.uk](http://www.bullying.co.uk)

Drugs and alcohol misuse

[www.areyouok.org.uk](http://www.areyouok.org.uk)

Connexions

[www.connexions-sussex.org.uk](http://www.connexions-sussex.org.uk)

Information and links

[www.youngbrightonhove.org.uk](http://www.youngbrightonhove.org.uk)

Brighton and Hove  
Youth Advocacy and Participation

[www.bhyap.org.uk](http://www.bhyap.org.uk)

Youth focus

[www.youthparticipation.org.uk](http://www.youthparticipation.org.uk)



# Brighton and Hove Youth Council

Brighton and Hove Youth Council

Tel: 01273 295464

Email: [youth.council@brighton-hove.org.uk](mailto:youth.council@brighton-hove.org.uk)

The aim of the Youth Council is to give young people more influence with local politicians and councillors. It will give young people the chance to contribute to decisions about services and how money is spent on those services. Several members of the Youth Council will sit on important boards, such as the Children and Young Peoples Trust Board.

The members of the Youth Council are aged between 11 and 19 and were elected by young people through elections organised by schools and community youth groups in the city. The Youth Council and the Youth Council Steering Group (YCSG) are supported by the Youth Advocacy and Participation team.

For more information:

Tel: Youth Council Line (01273) 295464 /293631

Email: [youth.council@brighton-hove.gov.uk](mailto:youth.council@brighton-hove.gov.uk)

This publication was written by Kerry Bridge and Kevin Reeves, members of the Youth Council Steering Group