



*Although a formal committee of the city council, the Health and Wellbeing Board has a remit which includes matters relating to the Clinical Commissioning Group (CCG), the Local Safeguarding Board for Children and Health Watch. Papers come from a variety of sources. The format for Health and Wellbeing Board papers is consequently different from papers submitted to the city council for exclusive city council business.*

**1. The Outcome of the Learning Disability Review & “A Good, Happy & Healthy Life”: A strategy for Adults with Learning Disabilities in Brighton & Hove**

- 1.1 The contents of this paper can be shared with the general public.
- 1.2 This paper is for the Health & Wellbeing Board meeting on the 3<sup>rd</sup> February 2015.
- 1.3 This paper was written by:

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**2. Summary**

- 2.1 An independent review of Learning Disability services took place in October 2014, in order to inform the future commissioning and provision of services for adults with learning disabilities. This paper presents both the outcome from the Learning Disability Review and a new vision and strategy for adults with Learning Disabilities in Brighton & Hove.

### 3. *Decisions, recommendations and any options*

- 3.1 For the Board to approve “*A Good, Happy & Healthy Life*”: *Adults with Learning Disabilities in Brighton & Hove* (Appendix 1), a Strategy for adults with learning disabilities in Brighton & Hove.
- 3.2 For the Board to grant delegated authority to the Executive Director of Adult Services (Denise D’Souza) and, as appropriate, the Chief Operating Officer of the CCG (Geraldine Hoban), to develop a Delivery Plan in accordance with the aims and objectives set out in the Strategy and in this paper.
- 3.3 For the Board to note that any aspects of the Delivery Plan that require specific decisions to be made by the Board will be presented at the relevant time.

### 4. *Relevant information*

#### **Background**

- 4.1 Brighton & Hove City Council, in partnership with Brighton & Hove Clinical Commissioning Group, currently commissions and/or provides services for adults with a Learning Disability living in or coming from Brighton & Hove.
- 4.2 On 29<sup>th</sup> July 2014 the Health & Wellbeing Board were informed that a decision had been made to undertake an independent review of Learning Disability services.
- 4.3 The review was commissioned in October 2014, to help shape a vision of the outcomes and support people should receive in the future. This was in a context of:
  - changes in the demographic profile of this client group; numbers are increasing as people with learning disabilities are living longer, and more people have complex or multiple needs
  - the emerging policy context including the Care Act 2014, and the ongoing requirements following Winterbourne View (Transforming Care, Department of Health, 2012)
  - feedback from consultation on service changes and developments
  - the changing resources available



- 4.4 The review took place over 3 days in October. The review team included 3 independent reviewers, who had extensive experience in commissioning, managing & providing services for people with a learning disability.
- 4.5 The review team talked to service users, carers, representatives from the community & voluntary sector, and staff from Brighton & Hove City Council & the CCG.
- 4.6 The review confirmed there are many excellent outcomes being achieved for this client group & there is great potential in the workforce & in local services to build on these successes.
- 4.7 However the review noted a pressing need to refocus our priorities and activities to ensure these were in line with the needs of people with learning disabilities. This was critical in order to deliver the best outcomes and personalised services to people at a time of increasing need & budget pressures.
- 4.8 The Learning Disability Review makes 26 recommendations, organised into 4 areas (for a full Executive Summary see Appendix 2):
- Vision
  - Commissioning
  - Engagement and Consultation
  - Providers
- 4.9 The recommended starting point for change is the development of a vision and strategic position which is *“rooted in peoples’ aspirations and priorities, which stresses the promotion of independence, personalisation and social inclusion”*, and has cross-party consensus and ongoing support and strong leadership from elected members and senior leaders at the council.

### **Where are we now?**

- 4.10 The [Joint Strategic Needs Assessment for Adults with Learning Disabilities](#) (2011) reported that 2% of the general population have a learning disability. This means that:
- in Brighton & Hove there are an estimated 5,053 adults aged 18 or over with learning disabilities, of whom 1,065 are estimated to have moderate or severe learning disabilities.



- In the year 2013/14 there were 1138 adults with learning disabilities registered with a Brighton & Hove GP practice and 786 people received social care services provided or funded by Brighton & Hove City Council.

4.11 The majority of services are in the independent sector, funded mainly through the Community Care budget, and provided by a diverse range of private and not-for-profit organisations. Brighton & Hove City Council directly provides a significant proportion of local learning disability services; equating to 25% of the total budget spent on social care services for this client group.

Social care budgets for people with Learning Disabilities, 2014-15		Total	Assessment & Care Management	Direct Provision	Independent Sector Provision
	£	30,457,130	963,450	7,592,430	21,901,250
%		3%	25%	72%	

4.12 Many service areas are well-catered for, albeit with an ongoing need to continue to develop and grow the market to keep pace with need and particularly in terms of services for people with complex needs (such as challenging behaviour, mental health needs, complex Autism, complex health & physical disabilities).

4.13 Since the most recent overarching Learning Disability Commissioning Strategy (2009-12), strategic objectives and actions have been included in:

- 3 year Learning Disability Accommodation and Support Plan (2011-14)
- Joint Strategic Plan: Winterbourne View, 2014-19
- Adult Social Care Market Position Statement (March 2014),

Key priorities within these documents include:

- Developing services that prevent or reduce the need for adult social care and health interventions
- Investing in services that promote independence and well-being
- Enabling Personalisation of services and service outcomes
- Better commissioning of specialist services for people with complex needs



- 4.14 The Council faces significant financial challenges in the coming years, with increasing demand yet reducing resources to meet need. Benchmarking against other local authorities demonstrates that we spend 17% more per head on adults with a learning disability per head of working population than our comparators. In recent years the LD Community Care budget has achieved savings targets, due to a range of strategies to manage and develop the social care market whilst meeting need in the most effective ways. Over the same period the LD Direct Provision budget has delivered savings by the consolidation of some services, but it has been difficult to find further efficiencies within current models of provision. It is acknowledged that the savings targets for all LD budgets in 2014/15 and beyond present a far more significant challenge, & the existing strategies alone will not be enough to achieve required savings.
- 4.15 The Learning Disability Review highlights, *“These are unprecedented times for all Adult Social Care – difficult challenges exist alongside great ambitions to promote personalised services that support individuals and their families to live fulfilling and independent lives in their communities”*.
- 4.16 To respond to these challenges, there needs to be a clear, coherent vision for the future, which is owned by people with learning disabilities & carers as well as people working on their behalf, alongside strong leadership and a commitment to driving through change is essential in order to meet people’s needs in this context.

## **Our Vision for the future**

- 4.17 The aim of this Strategy is to put what matters most to people with learning disabilities at the heart of our planning. Underpinning our Strategy is the principle that everyone in society has a positive contribution to make and that everyone has the right to control their own lives. This Strategy aims to focus on outcomes that people with learning disabilities want for themselves and the communities they live.
- 4.18 People with a learning disability have a right to access the same services and opportunities as everyone else. The Learning Disability Review states: *“Supporting people with learning disabilities to lead a full and active life is as much a challenge for universal services as it is for health and social care commissioners.”* At the same time, services commissioned to provide more specialised support need to develop an outcome focused culture to



support health & well-being, independence, inclusion and control through personalised services.

- 4.19 Our aim is to enable people with learning disabilities to live “A Good, Happy & Healthy Life” so they can achieve the following outcomes:

### **Being My Own Person**

1. I have a place I can call home
2. I can work and learn
3. I can get out and about and travel
4. I can try new things & go to new places
5. I get good information and advice

### **Feeling a Part of Things**

1. I can see my friends & family when I want
2. I can choose to have a relationship
3. I feel part of my community
4. I can use all the services in my City
5. I am involved in decisions that affect me

### **My Choices, My Decisions**

1. I am able to make decisions
2. I feel listened to & treated with respect
3. I am in control of my money
4. I can plan for my future
5. I can choose how I am supported

### **Healthy & Happy**

1. I know how to make healthy choices
2. I can be fit and active
3. I can have fun
4. I get good health care
5. I can get good mental health care if I need it

- 4.20 The vision for the future and the programme of change will be conceived and delivered in partnership with people with learning



disabilities, family carers, providers and stakeholders across the City. To develop our Strategy we have worked in partnership with:

- People with learning disabilities
- Family carers
- Providers in the voluntary, independent and public sector
- Brighton & Hove City Council services
- Brighton & Hove Clinical Commissioning Group

4.21 Ongoing engagement and communication will be achieved through existing successful forums such as the Learning Disability Partnership Board, the Learning Disability Provider Forum, and specific meetings with groups and organisations as required.

4.22 This Strategy aligns with other related strategies and plans in Public Health, Mental Health & Well-Being, Children's services and Education and the CCG Commissioning Intentions.

### **How are we going to make it happen?**

4.23 Our Strategy alone will not make things happen or drive change to deliver the outcomes we require. This will require:

- **Leadership & Accountability:** The Strategy will be widely owned, led and communicated through the political leadership of the Council, and senior officers in the CCG & the Council. The responsibility for delivering our Strategy and subsequent Delivery Plan will lie with the Adult Social Care Departmental Management Team (DMT).
- **Partnership & Engagement:** People with learning disabilities and carers will be included in decision-making at every level, from the development of overarching strategies through to decisions about their care and support. A specific communication and engagement strategy will be developed to set this out.
- **Integration:** The needs of people with learning disabilities will be considered in the development of other services and strategic plans, in adult social care, housing, health, mental health, education, employment, leisure and transport.
- **Changes to working practices and structures:** the Council and other partners will ensure that their modernisation



programme in preparation for the Care Act and the other demands outlined in this paper also consider the implications of delivering this Strategy

- **Shifts in resources:** in order to ensure that services deliver the outcomes in this Strategy some resources will be used differently. The most significant driver for change will be through the increased use of Personal Budgets for individuals to buy the services they need within their allocated budget.
- **Detailed Delivery Plan:** the specific detail of how the aims of this Strategy will be delivered will be outlined in a Delivery Plan which will be developed in the coming months.

## 5. *Important considerations and implications*

### 5.1 Legal

It is a function of the Health and Wellbeing Board to exercise the social services and health functions of the Council in respect of adults with Learning Disabilities and therefore a constitutional requirement for it to approve the strategy. The resulting Delivery Plan must ensure adherence to the duties under the Care Act 2014 in respect of promoting wellbeing, prevention services and arranging services to meet assessed needs. The Plan should ensure continuing compliance with the Human Rights Act 1998. As stated in the body of this report any aspects of the Delivery Plan arising that require Board approval will necessitate further report(s) and recommendations.

Lawyer Consulted: Sandra O'Brien 20/01/15

### 5.2 Finance

Implementation of the strategy is expected to result in improved Value for Money, drive efficiencies, and deliver lower unit costs that compare more favourably in benchmarking with other local authorities. The current social care budget for people with learning disabilities is over £30m.

Finance Officer consulted: Anne Silley

Date 19/01/15

### 5.3 Equalities



An Equalities Impact Assessment will be completed in conjunction with the Delivery Plan of the Strategy.

#### 5.4 Sustainability

Progress of the Strategy through a subsequent Delivery Plan will support the development of more sustainable solutions to meeting the needs of local people with learning disabilities.

#### 5.5 Health, social care, children's services and public health

This is a strategy for all adults with learning disabilities and considers their health and social care needs, as well as the wider public health agenda. It has been developed with consideration of the national and local developments for children with Special Educational Needs and Disabilities (SEND). Development of the Delivery Plan will take place in consultation with key partners across social care, health, housing, children's services, education, public health and wider services in the public and independent sector.

### 6. *Supporting documents and information*

Appendix 1:

“A Good, Happy & Healthy Life”: Adults with Learning Disabilities in Brighton & Hove.

Appendix 2:

Learning Disability Review, October 2014: Executive Summary.

